



**HOME WORK: week of 4/20/2020**

**PREPARE: 4 minutes**

VERA/KURT: Room to room follow game with sit/stand/sit drill from last week. Practice the sit/stand drill 5 times in each room before moving to another. Let's start incorporating the office, kitchen, tiny room off of the kitchen and living room to last week's room follow game.

**PRACTICE: 4 minutes total (2 minutes for each exercise)**

This week I want you to focus on your training mechanics. Ensure your hand does not sit in the treat bag. Use "Yes" to precisely mark behavior and then reach in and grab the treat.

VERA/KURT: Door Manners Exercise

<https://www.youtube.com/watch?v=Yq5JayjUui8>

Door Manners Exercise/Duration

<https://www.youtube.com/watch?v=vcZRwdfKb7c>

**PLAY: 4 minutes**

(VERA to bedroom with KONG Wobbler)

KURT: Showing Up Warm Up

<https://www.youtube.com/watch?v=sHwxA5XSYY0>

Toss the food beyond where Kurt is standing. Sit down in a chair while you are working with him on this exercise. Think about training mechanics. Notice my hands start on my lap, I mark with "yes" when the dog orients my way and stops (Kurt might be farther away than in my video example), then I reach in the bag, grab the treat and toss it. Let's see if we can get Kurt feeling better about individual training time with you this week.

**PONDER:**

How did today's session go? What went well? What didn't go as planned? Go to the app and add any important notes from today's session.